

Horizons Programme
2009 – 2010
Guide for Learners



Antrim Ballymena Ballymoney Coleraine Larne Magherafelt Newtownabbey

Introduction

Welcome to your studies at Northern Regional College: Antrim, Ballymena, Ballymoney, Coleraine, Larne, Magherafelt, Newtownabbey area. I hope you will enjoy using this Learner's Guide to the Horizons Programme.

The Guide will tell you about:

- The College and the Services available for students
- The subjects and qualifications you can study on the Horizons Programme
- Fees and Costs
- Contact details about Staff

Some parts of the Guide are difficult to understand. If you like, ask someone else to read it and explain it to you.

I hope you will make useful choices about the subjects you wish to study.

Good Luck!

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The Horizons Programme has been running at Northern Regional College, for over 20 years. It is a specialist programme for students who have learning difficulties. The College works closely in partnership with other professionals to offer this unique learning opportunity.

It is also open to learners with other types of disability: physical disability, sensory impairment, etc. People experiencing mental health difficulties can also attend the Horizons Programme.

Students come from day centres, adult centres, residential homes and the community.

As learners, you can choose your classes from the list of subjects in this Guide.

All learners will be encouraged to choose modules that are pitched at a level which is appropriate to their needs.

Some learners will sample different subject modules each year and will gain qualifications in their subject. This year there is a wider choice of qualifications. We hope you will try these out!

Where possible you will be encouraged to move on from the Horizons Programme to mainstream courses or into employment.

Horizons Calendar 2009-2010

Term 1

Start Date Mon 14th Sept 2009
 Half Term Mon 26th Oct
 - Fri 30th Oct 2009
 Term Ends Fri 11th Dec 2009

Term 2

Start Date Mon 4th Jan 2010
 Half Term Mon 15th
 - Fri 19th Feb 2010
 Holiday Wed 17th March 2010
 Term Ends Fri 26th March 2010

Term 3

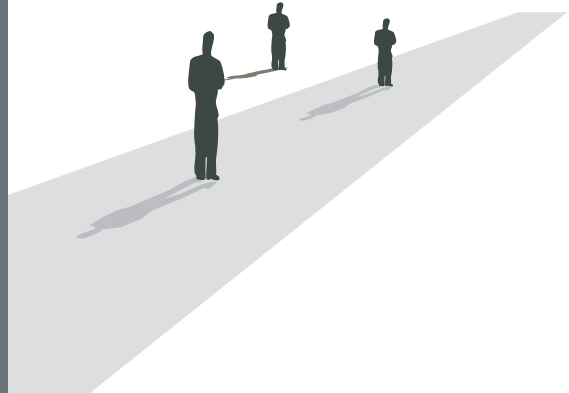
Start Date Mon 12th April 2010
 Holiday Mon 3rd May 2010
 Term Ends Fri 28th May 2010

Hobby and Recreation Classes

- Art & Craft
- Introduction to Computers
- Cookery
- Home Management
- Health & Fitness
- Life Skills
- Gardening

There will be an enrolment fee of £30 for each of the above classes.

Facilitation of courses is subject to tutor availability within a geographical area.



Asdan Classes

Starting out - Introductory module (mandatory)

Work Related Modules

Work Awareness
World of Work
Time Management & Self Organisation
Personal Safety
Horticulture
Using a Computer
Using ICT

Independent Living Skills Modules

Everyday Living
Independent Living
Meal Preparation & Cooking
Money

Creative Studies Modules

Creativity
Making Pictures
Printing
Sound, Rhythm & Music

Personal Development/ Citizenship Modules

Knowing about myself
Citizenship
Myself & Others
Self Advocacy
Out in the Community
Recognising & Using everyday signs

Leisure/Recreation/Sport Modules

Sports Studies
Sport & Leisure
Physiotherapy
Yogacise

There will be an enrolment fee of £30 plus the Asdan fees for each of the above Asdan modules.

Facilitation of courses is subject to tutor availability within a geographical area.



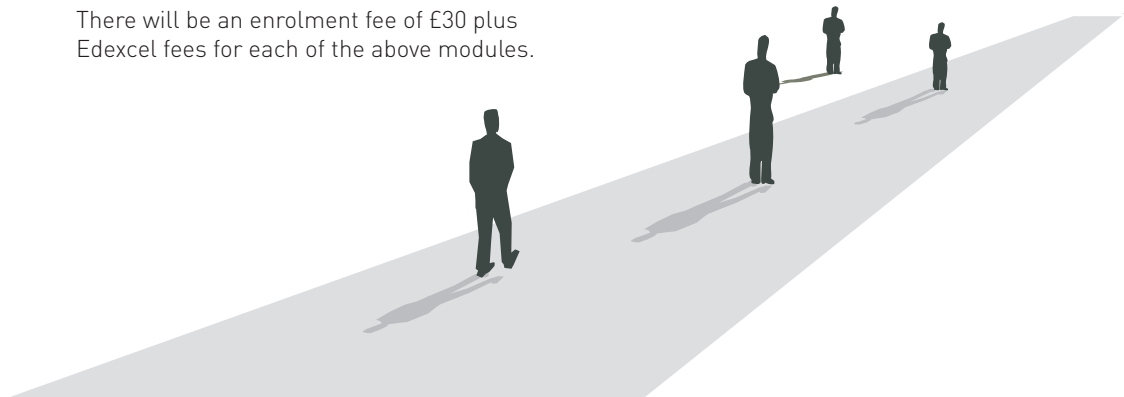
Edexcel Entry Level Progression Routes Qualifications

BTEC offers accreditation in Life Skills at Entry Level 1 and 2 and accreditation in Skills for Working Life at Entry Level 2.

- Health & Safety
- Information Technology
- Interview Skills
- Assertiveness
- Introduction to Skills for Work
- Working Together
- Managing Money
- Personal Presentation Skills
- Transport and Travel in the Community
- Your Role at Work
- Setting up an Enterprise Activity
- Positive Alternatives to Paid Work
- Investigating Community Facilities
- Personal Safety
- Improving your Learning
- Dealing with Problems
- Investigating Personal Lifestyle
- Developing Food Preparation and Cooking
- Cooking and Hygiene
- Introduction to Retail

There will be an enrolment fee of £30 plus Edexcel fees for each of the above modules.

Students can progress from Horizons onto the following courses at Northern Regional College.



Locations

Classes will take place at Northern Regional College Campuses

- Antrim
- Ballymena
- Ballymoney
- Coleraine
- Larne
- Magherafelt
- Newtownabbey

Other venues may be agreed with the College as appropriate.

Fees

The enrolment fee for each module is £30.

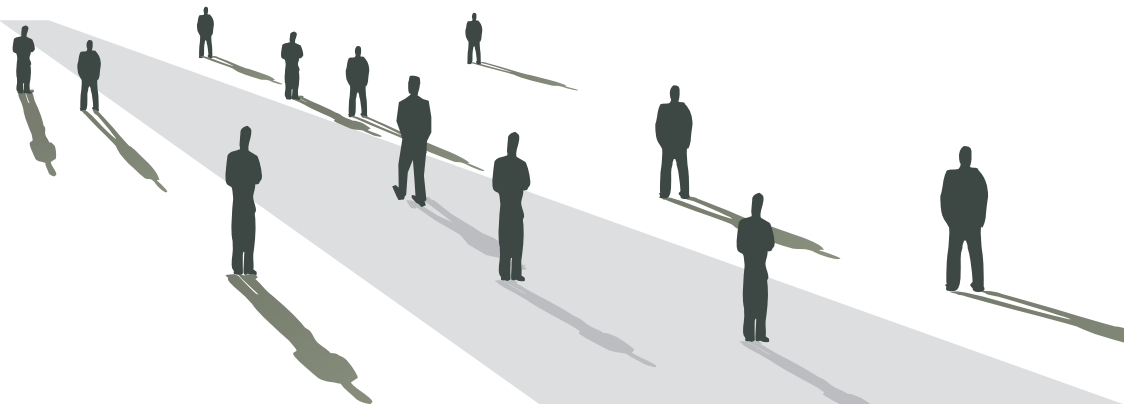
Each module will run for one to two hours per week.

You will be in a class of at least 10 students.

The college year runs from September to May with breaks at Halloween, Christmas, Easter, etc.

There will be additional costs in some subject areas. Your Centre, Day Opportunity Coordinator and your tutor will advise you on these:

- Examination fees, payable to external awarding bodies
- Cooking ingredients – usually £1.00 per week
- Art materials - usually £1.00 per week
- Leisure Centre hire



Contact Information

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Aspire | Aim | Achieve

The Northern Regional College is committed to the promotion of equality of opportunity in all of its activities. We aim to ensure that we provide a supportive, fair, inclusive and welcoming environment for all staff, students and visitors free from any form of discrimination or harassment.

Education Support

The Northern Regional College aims to enable people with a medical condition, learning difficulties and/or disabilities to access, participate and progress within and from learning programmes, through the establishment of appropriate support mechanisms. We are working towards an environment and curriculum which meets the needs of ALL students. It may be useful to arrange an exploratory interview to discuss what special facilities might be needed to enable you to study at the College.



Smoking is not permitted in any College building or enclosed area.

This Programme is available as a pdf document on our website at www.nrc.ac.uk. If you require this document in another format that better suits your needs please let us know and we will try to make alternative arrangements.

Whilst the College makes every effort to ensure the accuracy of this publication [at time of press May 2009], it reserves the right to vary, add or delete any of the courses, or parts thereof, or any other facilities, matters of information referred to in this guide or any other literature, without prior notice.

All courses are subject to minimum enrolment numbers, maximum limits may apply.