

Apply Online

apply.nrc.ac.uk

Online application now open for all full-time courses, this allows you to track your application from interview to enrolment.

How to Apply Online

Visit apply.nrc.ac.uk and search for the course you are interested in.

Add course to basket.

Follow the application process by:

Setting up a unique login using a personal email address and password. The email account will need to be checked regularly for updates or communication from the college.

Complete the application process online and submit application.

What Next?

- Track the status of the application by logging into the system and using your unique login details.
- Check interview details.
- Check the course offer.

All applications must be submitted online

PC access available in libraries of all campuses.

If you do not have computer access or require help to complete your online application, do not worry, we have staff on hand within each of our campuses to help you. Call into any of our receptions.



For further details check out the Northern Regional College website www.nrc.ac.uk or the Derry GAA website www.derrygaa.ie



Professor Terri Scott, Principal and Chief Executive of Northern Regional College congratulates NRC GAA captain Ronan O'Neill, Manager Kevin McSorley and teammates who won the Ward Cup, Grade 2 Ulster Vocational Schools title.



NORTHERN
Regional College

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Northern Regional College and Derry GAA have teamed up to offer a unique GAA Academy experience to local students and players by delivering a nationally recognised sports qualification equivalent to 3 A-Level grades.

This partnership brings education and sport together, allowing participants to develop their Gaelic Games abilities as well as gaining a nationally recognised qualification, coaching certificates and the opportunity to participate in outreach work in local schools.

Students between the ages of 16-19 will gain invaluable education in areas such as sports therapy, physiology and sports psychology, in addition to developing practical and coaching skills by working alongside the Derry GAA Coaching and Games Development team. This key practical aspect should also be of interest to local clubs. Players will be provided with the opportunity to gain dedicated coaching experience and training in squad support services alongside the development of their practical playing skills.

Level 3 BTEC Extended Diploma /BTEC Diploma in Sport (Development, Coaching and Fitness)

Magherafelt

DURATION 2 years, Full-time.

AWARDING BODY Edexcel.

ENTRY REQUIREMENTS

Applicants should have at least 4 GCSEs at Grade C or above, or other relevant qualifications. In circumstances where there are more applications for the course than there are places available, the College reserves the right to ask for higher grades.

Preference will be given to applicants that have GCSE Grade C in English and Maths. In circumstances where there are more applications for the course than there are places available, the College reserves the right to ask for higher grades.

CONTACT

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COURSE CONTENT

Units include:

- Principles of Anatomy & Physiology in Sport
- Physiology of Fitness
- Assessing risk in Sport
- Fitness Training and Programming Rules Regulations and officiating in Sport
- Practical Team/Individual Sports
- Outdoor Adventurous Activities
- Sports Coaching Badges

If you are accepted onto this course without a Grade C or above in Maths and/or English you will be required to complete the relevant Essential Skills qualification. This will be a compulsory part of your timetable.

COURSE AIMS

To provide the necessary knowledge and skills to gain employment in the wide variety of Sports Careers. To investigate also the breadth of the Sports Industry, from Health and Fitness; Coaching Teaching and Instruction; Sports Therapy; Health Promotion; Sports Development; Countryside

Recreation and Outdoor Pursuits. To establish a basis, through appropriate achievement, for continuing education and career development. A Level 3 BTEC Extended Diploma is a practical work related course. You learn by completing projects and assignments which are based on realistic workplace activities and demands.

SPECIAL FEATURES

Recognised coaching qualifications in a variety of sporting disciplines. Visits, guest speakers and involvement in local Sports Development Projects. Team building residential. Students will have the opportunity to apply for summer coaching opportunities in New York.

ASSESSMENT METHODS

Continuous Assessment through assignments and practical activities.

COURSE PROGRESSION

Level 3 BTEC Extended Diplomas are valued by employers and higher education (Universities and colleges). If you want to get a job straight away you could work in:

- Sports Centres
- Leisure Centres
- Outdoor Activities Centres

If you decide to go to university or college you could take a degree or a BTEC Higher National in subjects such as:

- Sports Studies
- Leisure Management
- Recreation Management
- Teacher Training

COURSE UPDATE

The 90 Credit Diploma is the first year of the Extended Diploma. The 90 Credit Diploma is a qualification in its own right, equivalent to 1.5 A-Levels, and a few students choose to leave the college with this qualification. If you apply to complete the Extended Diploma, equivalent to 3 A-levels, you will be first enrolled on the 90 Credit Diploma. Progression to Year 2 of the Extended Diploma will be automatic provided your performance in Year 1 reaches a satisfactory standard.

