



Prince's Trust



Team Up With The Prince's Trust

Would you like to:

- Meet new people
- Work as a team
- Gain qualifications
- Have lots of fun???

Why not join at the Princes Trust programme at NRC, Coleraine or Larne

Week

1	Meet the rest of the group
2	A week of outdoor pursuits & fun activities at a residential centre – all FREE
3 – 6	Make a difference in the local community, do some gardening, painting, art work and make a difference!!
7 – 8	Work experience - at whatever you want to do, try something different, learn new skills and get a career
9	Next Steps – put together a CV, apply for jobs and courses and plan for the future. Get careers advice.
10/11	Team Challenge – Meet up with local groups – plan day trips, bowling, sports & fun activities
12	Finish it off with a presentation with family & friends

Qualifications gained:

- City & Guilds Level 1 in Personal Development & Contributing to the Community
- Community Drugs Awareness
- Sexual Health & Relationships

And much more!!!

The next programme starts on
Monday 20th September 2010

**For more information contact:
Suzanne Marshall or Gerry Drake at:**

**075 5411 8310/ 075 5411 8304 or email: suzanne.marshall@nrc.ac.uk
075 5411 8643 or email: Gerry.drake@nrc.ac.uk**

*The Programme is FREE
Full-time course that won't affect your benefits
Public Transport costs reimbursed*

*For Unemployed young people aged 16-25 yrs
Childcare allowance available
Young person's allowance – 16/17 yrs*



Department for

**Employment
and Learning**

www.delni.gov.uk



**European
Union
European
Social Fund
Northern Ireland
people: skills: jobs:**

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