



**Inclusive
Learning
Programmes**

LifeSkills
Transition**2**College

NORTHERN
Regional College

At Northern Regional College we offer a number of full-time courses for people who may experience learning difficulties/disabilities. You will be able to build on the skills you already have and learn new skills.



Course	Transition2College	LifeSkills
Entry Requirements	There are no formal entry requirements. You must be between 16 and 24 years of age.	There are no formal entry requirements. Part-time course for all ages and abilities.
Information Event	Yes	
Duration	2 Years full-time	2 Years part-time either one or two days per week dependent on the location.
Course Content	<p>You will work towards the qualification OCN NI Entry level 3 Certificate in Developing Skills for Life and study units such as:</p> <ul style="list-style-type: none"> ▶ Social Media Awareness. ▶ Household Shopping. ▶ Using Public transport. ▶ Using Maths in Every Day Context. ▶ Healthy Lifestyle. ▶ Skills for the kitchen. 	<p>You will work towards the qualification Entry Level 2 Award in Independent Living and study units such as:</p> <ul style="list-style-type: none"> ▶ Eating a Balanced Diet. ▶ Basic Cooking Techniques. ▶ Make a Simple Meal. ▶ Getting about Safely. ▶ Using Public Transport - Buses and Trains.
Location	To view what campus this course is available at visit www.nrc.ac.uk	
What next	You can progress to the Route2Work course.	

*Curriculum offer is subject to review and viable course provisions.

Course Perks

Travel Pass

To find out if you are entitled to a travel pass contact your local Education and Library Board.

EMA

You may be eligible for the Educational Maintenance Allowance (EMA) which is a weekly allowance paid fortnightly.

For further information contact Student Finance on:

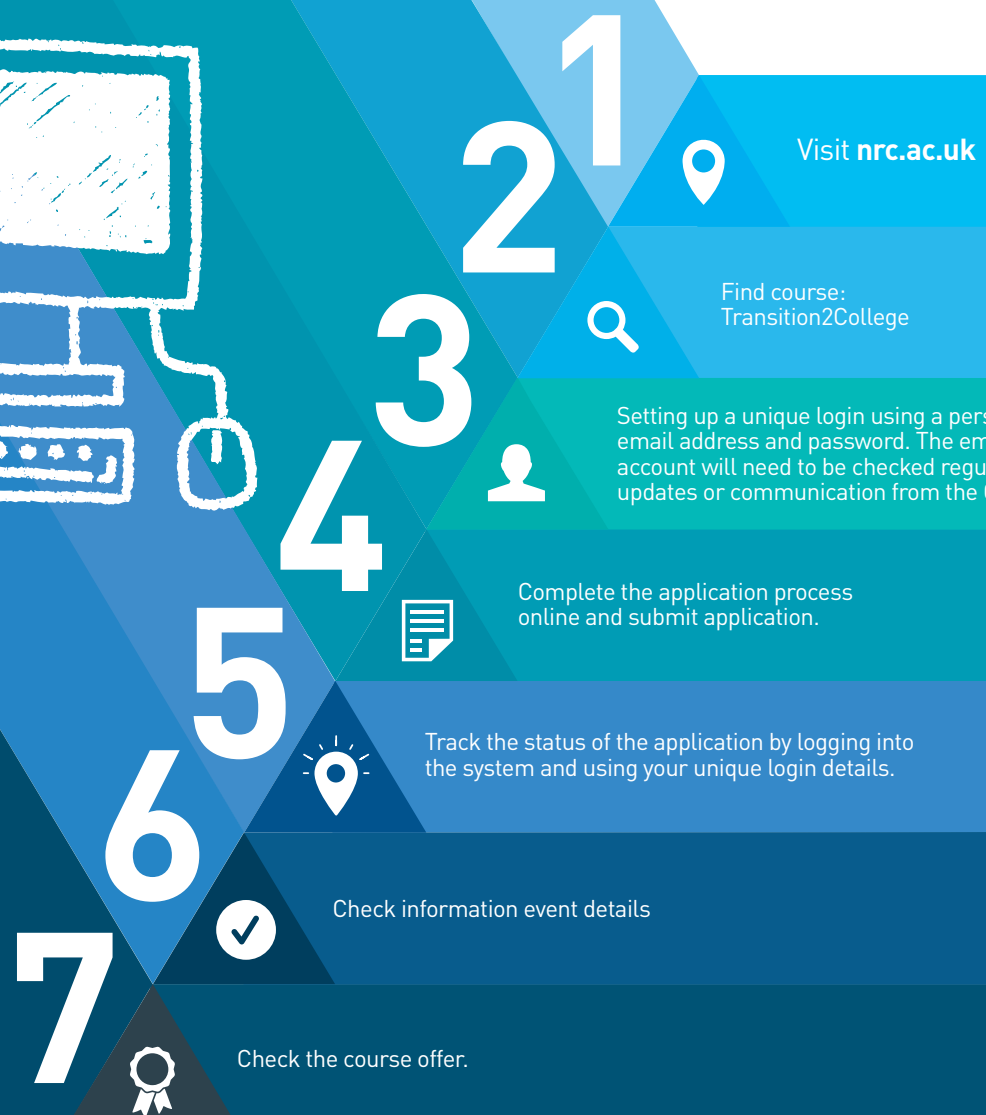
Newtownabbey & Magherafelt
028 9085 5000 ext. 1249
Ballymena/Ballymoney & Coleraine
028 2563 6230

How to Apply

For LifeSkills you can obtain a hard copy application at any of our campus receptions and our staff will be on hand to help you complete this.

All applications must be submitted online. PC access available in libraries of all campuses.

If you do not have computer access or require help to complete your online application, do not worry, we have staff on hand within each of our campuses to help you. Call into any of our receptions.



What my course means to me...

LifeSkills

"I have been coming to the college since 2013 and I love it! I have completed the Transition2College course and currently attend the LifeSkills course. I have learned so much from my time here. I have learned how to count money and understand the cost of things I usually buy, like food and clothes. I have learned about health and safety at work and why it is important to follow instructions. I really loved being the narrator at our Christmas show and it makes me so happy that I have made so many brilliant friends who I look forward to seeing at college each week I am here. I'm excited about coming back to college again each year, to do something new. I can't wait until we are able to go on trips again, like pantomimes at Christmas time. Snow White was my favourite!"

Curtis

LifeSkills

"I've been attending Northern Regional College's Magherafelt campus since 2018. The first course I did when I arrived was Transition2College. I loved it, because I learned so many new things about adult life, like how to manage money and how to use public transport. I then progressed to the LifeSkills course at the college, and I think it's great too! I love how we have been taught about different types of jobs and about how to behave when at work and in college. I especially love all the new friendships I have made and I really look forward to getting to college each week. As a young woman, who is blind, I feel included at all times and appreciate how the classwork and classroom are adapted to suit my needs. Personally, I think the teachers are brilliant and do such a good job supporting and teaching us."

Samantha

Transition2College

"I like the course because I love doing lots of work and I have made new friends".

Caoimhe

Transition2College

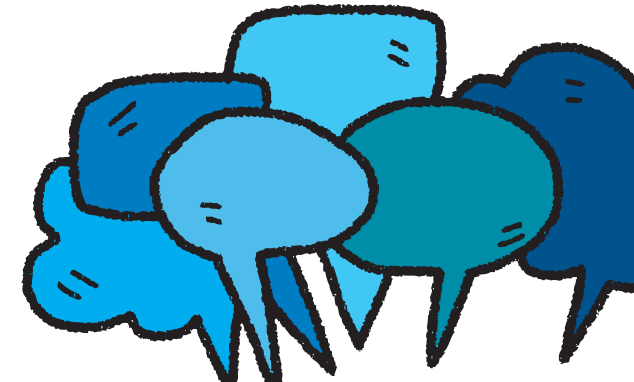
"I started college in September on the Transition2College course. I have made lots of friends and I love coming to college every day. The teachers are always friendly and helpful."

Daira

Contact

For further information contact
07812 581445

Email: admissions@nrc.ac.uk





www.nrc.ac.uk
Go Further. Go Higher.



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